

PROJECT

TARGET DATE

DECISION OWNER

01 / FIND YOUR HONEST CAPACITY

HOURS / WEEK

HOURS

FOCUS FACTOR

%

WEEKS LEFT

WEEKS

CONTINGENCY

%

RELIABLE CAPACITY

HOURS

hours x focus x weeks

02 / RANK WHAT REMAINS Confidence-adjusted hours = estimate / confidence x contingency

DELIVERABLE	M / S / C	EST. H	CONF.	ADJ. H	LAUNCH PROOF

03 / MAKE THE CUT

CAPACITY GAP

HOURS

Adjusted scope minus reliable capacity

FIRST THING I WILL CUT

A CUT IS SAFE WHEN

☐ The core promise still works.
 ☐ A stranger can still understand the game.
 ☐ The launch evidence is unchanged.
 ☐ The cut removes work, not only polish.

04 / SHIP DECISION

☐ Core loop tested by someone else
 ☐ Every Must has evidence
 ☐ QA and marketing are scheduled
 ☐ Forecast includes a buffer